Anthem Blue Cross and Blue Shield

**Routine Physical Exams Are Covered in 2016**

Anthem Blue Cross and Blue Shield Medicare Advantage (MA) plans will continue to offer coverage for routine physicals in 2016 for individual and group-sponsored Medicare Advantage members. A routine physical exam will help aid in appropriately assessing and diagnosing member conditions that may not have otherwise been captured, which supports health plan ratings, Healthcare Effectiveness Data and Information Set (HEDIS), and hierarchical condition category (HCC) coding.

When the routine physical is completed by an in-network provider in an HMO and/or PPO plan, there are no out-of-pocket costs for the member. Physicals completed by out-of-network providers for members in PPO plans will be subject to member co-pay as applicable by the member’s plan. For the HMO plans, there will be no out-of-network coverage for routine physical as they must be rendered by an in-network provider.

Anthem Medicare Advantage plans also will continue to provide benefits for the following Medicare covered services:

- **Initial Preventive Physical Exam (IPPE)** also known as the “Welcome to Medicare Preventive Visit”
- **Annual Wellness Visit (AWV)**
- **Annual Routine Physicals**

The IPPE (preventive physical exam) and AWV (wellness visit) are not a routine physical exam. Please refer to the chart below to ensure accurate coding for each type of exam.

<table>
<thead>
<tr>
<th>The Welcome to Medicare Visit (IPPE) G0402</th>
<th>The Annual Wellness Visit (AWV initial and subsequent) G0438 &amp; G0439</th>
<th>Annual Routine Physicals/Preventive Medicine Services (99381-99397) Continued coverage in 2016 by Anthem Medicare Advantage Plans</th>
</tr>
</thead>
<tbody>
<tr>
<td>G0402 Welcome to Medicare Visit/ Initial Preventive Physical Exam</td>
<td>Services limited to beneficiary during the <strong>Second</strong> year the patient is eligible for Medicare Part B. <strong>Only one first</strong> AWV per beneficiary per lifetime. Includes a personalized prevention plan of services; face-to-face visit.</td>
<td><strong>99381-99397 – Preventive Medicine Services:</strong> The examination for this visit is a face- to-face comprehensive, multi-system exam that is based on the patient’s age, gender, and identified risk factors. The comprehensive history obtained as part of the preventive medicine E/M service is not problem-oriented and does not involve a chief complaint or present illness. It includes a comprehensive</td>
</tr>
<tr>
<td>A preventive evaluation and management service; a face-to-face evaluation. This exam is a preventive physical exam and <strong>not a comprehensive physical checkup</strong>. This service is limited to new beneficiaries during the first 12 months of Medicare enrollment.</td>
<td><strong>G0439 – Subsequent Annual Wellness Visit (AWV):</strong> One year after the patient’s Annual Wellness Visit. Once every 12 months. Includes a personalized</td>
<td></td>
</tr>
<tr>
<td><strong>G0438 Initial Annual Wellness Visit (AWV):</strong></td>
<td><strong>99381-99397 – Preventive Medicine Services:</strong></td>
<td></td>
</tr>
</tbody>
</table>

Please refer to the chart below to ensure accurate coding for each type of exam.
| **This is a once in a lifetime benefit.** | prevention plan of services; face-to-face visit. This exam is a preventive physical exam and **not a comprehensive physical checkup.**  
**Note:** The AWV is intended to build upon the previously established “Welcome to Medicare Visit” physical exam. | system review and comprehensive or interval past, family, and social history as well as a comprehensive assessment/history of pertinent risk factors. Includes clinical laboratory tests. This is an annual benefit. |

**Ob/Gyn providers please note:** A Pap test and pelvic exam for our Medicare Advantage members is covered annually only if at high risk for developing cervical or vaginal cancer, or childbearing age with abnormal Pap test within past three years. Otherwise a Pap test and pelvic exam is covered every two years for women at normal risk. These services should be filed as separate codes from the routine physical, if they are rendered.

Medicare Advantage member benefits are subject to change from year to year – please review benefits on the Medicare Advantage Providers page of the Anthem provider portal.

For further information or to verify member eligibility, benefits or account information, please call the telephone number listed on the back of the member’s identification card.

55290WPPENMUB 08/11/2015

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. In Ohio: Community Insurance Company. In Virginia (serving Virginia excluding the city of Fairfax, the town of Vienna and the area east of State Route 123): Anthem Health Plans of Virginia, Inc. In Wisconsin: Blue Cross Blue Shield of Wisconsin ("BCBSWI") underwrites or administers the PPO and indemnity policies; CompCare Health Services Insurance Corporation ("CompCare") underwrites or administers the HMO policies; and CompCare and BCBSWI collectively underwrite or administer the POS policies. Independent licensees of the Blue Cross and Blue Shield Association. ® ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.