Anthem | MaineHealth to offer three new health maintenance organizations in 2020

MaineHealth and Anthem Blue Cross and Blue Shield (Anthem) will offer Medicare Advantage plans in 2020 under the Anthem | MaineHealth brand. This joint venture, AMH Health, LLC, will unite the leading health care system and health insurer in the region. This combined effort will benefit Maine seniors in their healthy aging by combining shared expertise in comprehensive health care with the respected reputations of both companies.

Anthem | MaineHealth health maintenance organizations (HMOs):
The following new plans will be offered in Maine:
- Anthem | MaineHealth Advantage Choice (HMO-POS)
- Anthem | MaineHealth Advantage Dual Plus (HMO D-SNP)
- Anthem | MaineHealth Advantage Extra (HMO)

Anthem | MaineHealth HMOs will use Anthem’s existing Medicare Advantage HMO provider network. Anthem provider contracts include affiliate language that allow us to add products under the Anthem parent umbrella to our networks. Anthem will manage all aspects of provider service for Anthem | MaineHealth members. Providers will be able to access Anthem | MaineHealth member eligibility, benefit and claims information via the Availity Portal. Anthem will manage, accept and adjudicate both physical and behavioral health claims. Claim payments will also be issued by Anthem.

Anthem Medicare Advantage HMOs:
Anthem will continue to offer Anthem MediBlue Plus (HMO), Anthem MediBlue Dual Advantage (HMO D-SNP) and Anthem MediBlue Choice (HMO-POS) in Maine.

Anthem Medicare Advantage PPO:
Anthem MediBlue Access (PPO) will expand into the following counties:

<table>
<thead>
<tr>
<th>Aroostook</th>
<th>Lincoln</th>
<th>Somerset</th>
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<tbody>
<tr>
<td>Franklin</td>
<td>Oxford</td>
<td>Waldo</td>
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<tr>
<td>Hancock</td>
<td>Penobscot</td>
<td>Washington</td>
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<td>Kennebec</td>
<td>Piscataquis</td>
<td>York</td>
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<td>Knox</td>
<td>Sagadahoc</td>
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2020 highlights:
- **Essential Extras:** These benefits may help your patients with meals, help at home, mobility and more. Prior authorization and/or recommendation from a licensed clinician may be required for some of these benefits.
- **$0 labs** for A1c, urine protein, fecal occult blood test and diabetic eye exam
- **Frequently offered supplemental benefits:**
  - $0 annual exam
  - Preventive dental and annual dental allowance
  - Vision exam and eyewear allowance
  - Hearing aid allowance
  - SilverSneakers — fitness
  - Over-the-counter (OTC) allowances for OTC medications and health-related items at Walmart’s 4,700 stores and online
  - LiveHealth Online: convenient access to a doctor via live, two-way video on a computer or mobile device — members log in at [www.livehealthonline.com](http://www.livehealthonline.com)
  - Nursing hotline
  - Chiropractic care
  - Post-discharge meals
  - Worldwide coverage
  - Personal emergency response system (PERS) — intended to help people maintain independence in their own homes who might otherwise need to live in an assisted living facility
    - Monthly monitoring and testing is included.
  - Additional benefit details will be available later this year at [anthem.com/medicareprovider](http://anthem.com/medicareprovider).