Anthem Blue Cross and Blue Shield

Medicare pharmacy and prescriber home starts
January 2019

Per guidance established by the Comprehensive Addiction and Recovery Act of 2016, the Centers for Medicare & Medicaid Services has established provisions to develop a pharmacy and prescriber program for opioid medications. Beginning Jan. 1, 2019 Anthem Blue Cross and Blue Shield will work with beneficiaries and providers to help to reduce the risk of opioid dependency by streamlining access to opioid medications. If a beneficiary is exhibiting at-risk opioid medication utilization, the plan sponsor will work with the beneficiary and provider to select a pharmacy home and prescriber home for the beneficiary’s opioid medications. At risk is defined by CMS as:

1. Cumulative Morphine Milligram Equivalent (MME) > 90mg per day
2. Opioid prescribers > than three and opioid dispensing pharmacies > than three
3. Or Opioid prescribers > than five regardless the number of pharmacies

- Cancer, LTC and Hospice are exempt
- Beneficiaries will have the choice of which pharmacy or prescriber to select as their home.
- Plan sponsors will request agreement from the provider selected as the home.
- At this time, only opioid and benzodiazepine medications will be delegated to a home pharmacy or prescriber.
- Both beneficiaries and providers will receive letters to explain what is happening and how it will happen.

Beneficiaries retain the right to request a coverage determination and may choose to change their Home pharmacy or prescriber at any time.