CT Upper Extremity (Elbow/Arm/Wrist/Hand)

When calling Anthem (1-800-533-1120) or using the Point of Care authorization system for a Health Service Review, the following clinical information may be needed to process your request. Being prepared with complete information will help expedite our response.

**Generally with all requests, we will need:**

- Diagnosis or symptoms that the patient is displaying and the duration of symptoms
- Any “rule out” conditions
- Any previous radiological studies and results
- Any previous therapeutic treatment and the results of that treatment

*In some instances we will only need the diagnosis and symptoms. For these conditions, the following information may be asked.*

<table>
<thead>
<tr>
<th>Upper Extremity</th>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>73200</td>
<td>CT upper extremity; w/o contrast</td>
</tr>
<tr>
<td></td>
<td>73201</td>
<td>CT upper extremity; with contrast</td>
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<tr>
<td></td>
<td>73202</td>
<td>CT upper extremity; w/o contrast followed by contrast</td>
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</tbody>
</table>

**Elbow/Arm**

- Has the patient previously had an arthrogram, conventional radiograph or bone scan? List what and the findings
- Do you suspect bone tumor by preliminary imaging?
- Is this a follow up of a primary tumor?
- Is this a follow up to single cone metastasis after treatment?
- Is this for diagnosis osteomyelitis?
- Is this for preoperative evaluation?
- Do you suspect a fracture in a person less than 16 years of age?
- Do you suspect intra-articular osteocartilaginous body?
- Is this for a suspected fracture or fracture non-union when x-ray, bone scan non diagnostic and symptoms persist despite immobilization?
- Chronic arm pain?
- Elbow pain or injury;
  - Complex fractures
  - Intra-articular chip fractures
  - Foreign bodies
  - Inability to obtain adequate x-ray due to patient position or cast
  - Joint effusion in presence of normal x-ray
Wrist/Hand

- Has the patient previously had an arthrogram, conventional radiograph or bone scan? List what and the findings
- Do you suspect bone tumor by preliminary imaging?
- Is this a follow up of a primary tumor?
- Is this a follow up to single cone metastasis after treatment?
- Is this for suspected osteomyelitis?
- Is this for preoperative evaluation?
- Is this for evaluation of occult fracture when plain films are non diagnostic?
- Is this for an evaluation of a scaphoid fracture when displacement or age is not known?
- Wrist pain;
  - Persistent pain after trauma
  - Scaphoid or navicular fracture to measure degree of displacement
  - To determine percentage of osseous union of a healing fracture
- Carpal tunnel syndrome – what is being evaluated?