Anthem Blue Cross and Blue Shield
Routine Physical Exam are Covered in 2014

Anthem Blue Cross Blue Shield (Anthem) Medicare Advantage (MA) plans have returned to offering coverage for routine physicals (subject to plan benefits) through 2014 for individual and Employer Group Retiree Medicare Advantage members. Any outstanding claims with dates of service from 01/01/2014 to current will be adjusted as necessary.

When the routine physical is completed by an in-network provider, there are no out-of-pocket costs for the member. Physicals completed by out-of-network providers will be subject to member co-pay as applicable by the member’s plan.

Anthem Medicare Advantage plans also will continue to provide benefits for the following Medicare covered services:

- **Initial Preventive Physical Exam** (IPPE) also known as the “Welcome to Medicare Preventive Visit”
- **Annual Wellness Visit** (AWV)

The IPPE (preventive physical exam) and AWV (wellness visit) are not a routine physical exam. Please refer to the chart below to ensure accurate coding for each type of exam.

<table>
<thead>
<tr>
<th>The Welcome to Medicare Visit (IPPE)</th>
<th>The Annual Wellness Visit (AWV initial and subsequent)</th>
<th>Routine Physicals/Preventive Medicine Services (99381-99397)</th>
</tr>
</thead>
<tbody>
<tr>
<td>G0402 Welcome to Medicare Visit/Initial Preventive Physical Exam</td>
<td>G0438 Initial Annual Wellness Visit (AWV): Services limited to beneficiary during the Second year the patient is eligible for Medicare Part B. Only one first AWV per beneficiary per lifetime. Includes a personalized prevention plan of services; face-to-face visit. <strong>G0439 – Subsequent Annual Wellness Visit (AWV):</strong> One year after the patient’s Annual Wellness Visit. Once every 12 months. Includes a personalized prevention plan of services; face-to-face visit. This exam is</td>
<td>99381-99397 – Preventive Medicine Services: The examination for this visit is multi-system, and the exact content and extent of the exam is based on the patient’s age, gender, and identified risk factors; face-to-face visit. “The comprehensive history obtained as part of the preventive medicine E/M service is not problem-oriented and does not involve a chief complaint or present illness. It does, however, include a comprehensive system review and comprehensive or interval</td>
</tr>
</tbody>
</table>
a preventive physical exam and not a comprehensive physical checkup.

Note: The AWV is intended to build upon the previously established “Welcome to Medicare Visit” physical exam.

past, family, and social history as well as a comprehensive assessment/history of pertinent risk factors.” Includes clinical laboratory tests.

Ob/Gyn providers please note: A Pap test and pelvic exam for our Medicare Advantage members is covered annually only if at high risk for developing cervical or vaginal cancer, or childbearing age with abnormal Pap test within past three years. Otherwise a Pap test and pelvic exam is covered every two years for women at normal risk. These services should be filed as separate codes from the routine physical, if they are rendered.

Medicare Advantage member benefits are subject to change from year to year – please review 2015 benefits when they are posted on the Medicare Advantage Providers page of the Anthem provider portal in late 2014. Annual summaries of Medicare Advantage plan changes also can be found under Important Medicare Advantage Updates. This will advise what coverage of what will and/or will not take place for routine physcials.

For further information or to verify member eligibility, benefits or account information, please call the telephone number listed on the back of the member’s identification card.

Y0071_14_20031_I 05/27/2014

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. In Ohio: Community Insurance Company. In Virginia (serving Virginia excluding the city of Fairfax, the town of Vienna and the area east of State Route 123): Anthem Health Plans of Virginia, Inc. In Wisconsin: Blue Cross Blue Shield of Wisconsin (“BCBSWi”) underwrites or administers the PPO and indemnity policies; Compcare Health Services Insurance Corporation (“Compcare”) underwrites or administers the POS policies; and BCBSWi collectively underwrite or administer the POS policies. Independent licensees of the Blue Cross and Blue Shield Association. ® ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.