Reminder: Features And Procedures for 90-day Prescription Benefit

If you require regular use of medication (e.g. contraception or maintenance medication for a chronic condition such as hypertension, diabetes, or asthma), after the first three separate 30-day prescription fills, you must obtain 90-day medication fills from University of Colorado Hospital (UCH) Mail Order service or in-person fills at a UCH pharmacy, The Apothecary at Wardenburg Health Center or The Apothecary at UMGP. Instead of three co-pays, you only pay two co-pays for the 90-day prescription fill.

Here are the steps to begin using the 90-day prescription benefit:

1. Contact your physician to request a prescription for a 90-day supply of the medication three or so weeks before your last 30-day prescription expires, asking if any dosage adjustment or monitoring is needed.
2. If the prescription is new to you but is to be taken for more than 90 days, consider asking your physician for an initial 30-day prescription that can be filled three times and another prescription for the same drug but written for 90-day fills for up to a year, as needed. That way, you will not have to go back to the doctor for another prescription for a while, unless the dosage changes.
3. If you want to use the mail order feature, go online to www.uch.edu/pharmacy to enroll; click on the Mail Order link and follow the directions.
4. If you want to deliver your 90-day prescription and pick up the medication in person, go to a UCH pharmacy in Aurora and Denver; locations and hours of operation are shown at www.uch.edu/pharmacy. In Boulder, visit either The Apothecary at Wardenburg Health Center on the campus or The Apothecary at UMGP at 350 Broadway, Suite 130 Boulder, CO 80305. You will receive a 90-day supply of your prescription for the cost of two co-pays. Note: you also can fill 30-day prescriptions at these locations.

Although most medications for chronic conditions are covered by the 90-day requirement, there are a few exceptions. Go to www.uch.edu/pharmacy to learn which medications for chronic conditions can continue to be filled in person every 30 days.

We trust this reminder will assist you and your family when you need to fill prescriptions. If you have questions, please call the UCH Medication Management Team at 720.848.3377.