**Procedures for submitting referrals for Medicare Advantage meal benefits requiring precertification**

Beginning January 1, 2020, Anthem Blue Cross (Anthem) has implemented several different supplemental meal benefits on a number of its plans. Some of these benefits require precertification that a member meets the requirement to be eligible. These are benefits not covered by Medicare but are covered under the Medicare Advantage plan. Please make sure to refer to the *Evidence of Coverage (EOC)* for details on the specific benefit level.

Benefits that require a referral for precertification include:

<table>
<thead>
<tr>
<th>Benefit*</th>
<th>Description of requirement</th>
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</table>
| **Post-discharge meals** | • Meals provided to members within 30 days after an overnight stay at a hospital or skilled nursing facility — generally unlimited occurrences of this benefit, but number of meals provided may vary  
• Anthem automatically generates a daily file of members that is sent to GA Foods for this benefit based on internal information for members who are eligible and are not on the *Do Not Call (DNC)* list  
• GA Foods will conduct outreach to these members to set up this benefit |
| **Chronic meals** | • Currently only available on end stage renal disease chronic special needs plans (CSNPs)  
• Generally only one occurrence per year — must be recommended by a provider |
| **Prescribed meals** | • Meals available for members diagnosed with a chronic condition  
• Member will receive two meals per day for 90 days  
• Only available on plans in California and Arizona, generally only one occurrence per year  
• Member is eligible for meals if they meet any of the following conditions:  
  o Chronic condition as defined by CMS  
  o BMI > 25.0  
  o BMI < 18.5  
  o HbA1c > 9.0  
  o Chronic heart failure |
| **Healthy food deliveries** | For individual Medicare Advantage/Medicare Part D (MAPD) plans, this benefit covers up to 16 meals per qualifying event and allows up to four events per calendar year. For Government Retiree Services (GRS) members, the benefit is either 14 or 28 meals over four events.  
Qualifying events include:  
• Post-discharge within 30 days (additive to any post-discharge meal benefit)  
• BMI > 25.0  
• BMI < 18.5  
• HbA1c > 9.0 |

* Not all benefits are available in all markets. Check the member’s *EOC* for additional benefit information.

To request a referral on behalf of a member, contact Provider Services via:

- Phone and provide information verbally.
- Fax using the fax form below at the following numbers:
  - Individual Medicare Advantage/MAPD plan: **1-877-799-4129**
  - GRS plan: **1-855-358-1226**

**Note:** For all meal benefits, it is mandatory that the member is not on the *DNC* list or they give Anthem and its agents/vendors permission to contact the member regarding logistics of their meal delivery.
Referral for Individual Medicare Advantage/MAPD or GRS Meal Delivery Benefit

To request meal benefits for a plan member, please complete this form and fax to:
- 1-877-799-4129 for individual Medicare Advantage/Medicare Part D (MAPD) plan.
- 1-855-358-1226 for Government Retiree Services (GRS) plan.

<table>
<thead>
<tr>
<th>Member name:</th>
<th>DOB:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health plan member ID:</td>
<td>Phone #:</td>
</tr>
<tr>
<td>Delivery address:</td>
<td></td>
</tr>
<tr>
<td>Delivery city:</td>
<td>Delivery state:</td>
</tr>
</tbody>
</table>

**Meal request information (check as appropriate):**

- ☐ Post-discharge meal benefit  Date of discharge: 
- ☐ Chronic meal benefit
- ☐ Healthy food deliveries benefit (individual or GRS) — member has been clinically assessed and determined to have nutritional needs based on post-discharge status, BMI score > 25 or < 18.5, or HbA1c score > 9.0
- ☐ Prescribed meals — member has been clinically assessed and determined to have nutritional needs based on a chronic condition, BMI score > 25 or < 18.5, or congestive heart failure

<table>
<thead>
<tr>
<th>Chronic condition:</th>
<th>HbA1c score:</th>
<th>BMI score:</th>
</tr>
</thead>
</table>

**Dietary/meal information:**

Medical dietary restrictions including allergies, cultural and so on (for example, gluten free):

Prescribed medications with food contraindications (for example, Coumadin):

I certify that this member is under my care, meets the conditions described above and is utilizing this benefit to ameliorate a health condition or help to avoid emergency healthcare utilization:

<table>
<thead>
<tr>
<th>Licensed medical professional name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>License #:</td>
</tr>
<tr>
<td>Signature:</td>
</tr>
<tr>
<td>Date:</td>
</tr>
</tbody>
</table>

Office staff contact name: 

**Note:** Member must be able to provide consent to be contacted to fulfill this benefit (if on the Do Not Call list)

**Member consent to be contacted:**

As a beneficiary under the above plan, I realize that I will be contacted by my health plan or one of its agents to verify nutritional information and arrange for delivery of my meals. I hereby consent for the health plan or one of its agents to contact me at the number provided below.

<table>
<thead>
<tr>
<th>Member name:</th>
<th>Phone #:</th>
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</thead>
</table>

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