Where can I get more information about my coverage? The Anthem Blue Cross/CVSPharmacy website, located at health.cvs.com/calpers, offers interactive member services, where you can check status of your prescription, manage your personal information, request prior authorizations for specialty medications, and access general health information. CVS Caremark offers toll-free call centers at http://www.caremark.com/calpers, toll-free at 877-542-0284, or visit on www.caremark.com/calpers. 

May I choose my own doctor? Yes! The PERS Select plan offers a 24-hour service called 24/7 NurseLine® that connects you to a registered nurse or audio professional’s insight and guidance to help you make decisions on your member ID card. This service provides you with a medical library with a simple, toll-free phone call. This number is printed on your member ID card. This service provides you with essential professional’s insight and guidance to help you make decisions about your health care. Members can also take advantage of the free service if you need to talk with a registered nurse.

Where are my prescription benefits? CVS Caremark mail-order service is safe, convenient and ensures privacy. Each prescription is inspected for safety by a registered pharmacist and delivered to your home or a location of your choice. CVS Caremark conveniently sends you refills for free. There are no additional costs for maintenance medications. You can fill prescription orders online at CVS Caremark’s Web site or call CVS Caremark toll free at 877-542-0284, or visit on www.caremark.com/calpers. 

What should I use CVS Caremark mail-order service for? Maintenance medications are safer, convenient and ensures privacy. Each prescription is inspected for safety by a registered pharmacist and delivered to your home (or a location of your choice). CVS Caremark conveniently sends you refills for free. There are no additional costs for maintenance medications. *Lower-cost options are generally generic medicines.† Your doctor can contact CVS Caremark to request a prior authorization if you have previously taken generic medicine in the same drug class, you may not be affected by this change. For more information, please call us toll free at 877-PERSPP (773-7776).

For more information about your pharmacy benefits, call CVS Caremark toll free at 877-542-0284, or visit on www.caremark.com/calpers. 

Select provider and electronically communicate with the CVS Caremark mail-order service pharmacy, you can receive up to a 90-day supply of your medication. They are familiar with your plan, so they suggest prescriptions that could save you money. Yes! The PERS Select plan offers a 24-hour service called 24/7 NurseLine® that connects you to a registered nurse or audio professional’s insight and guidance to help you make decisions about your health care. Members can also take advantage of the free service if you need to talk with a registered nurse.

How can I prepare for my doctor visit? Keep in mind you have the freedom to see any licensed physician in the PERS Select network or any licensed physician in the state of California. You have the freedom to select your own doctor and coverage that will be there when you need it. To find out more, please call our toll free number: 877-PERSPP (773-7776). 

The most affordable rates among CalPERS PPO Plans! For details, see the CalPERS Web site. 

Receive a $100 debit card for completing the Health Risk Assessment! See details on the back cover.
What is the PERS Select hospital network?

PERS Select combines the benefits of the PERS Choice and PERS Care networks. Approximately 65% of the Anthem Blue Cross PPO physician network participates in the smaller Select network. A PERS Select member should check to see if a physician is participating in the PERS Select network before services are provided. If non-emergency physician services are provided by a non-PERS Select physician, even a physician who participates in the different Anthem Blue Cross network, the member is responsible for paying...